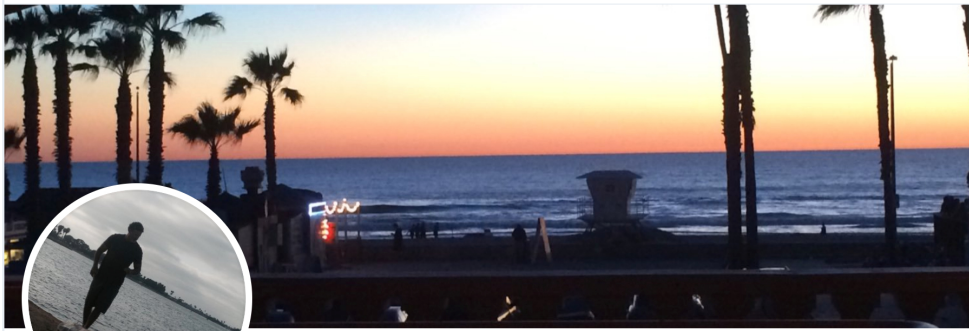




SD*Mailman

2,987 Tweets



Follow

SD*Mailman

@Rittgarn_SD

Former Jarhead and Police Detective. Current Beach Bum, Gym Rat, Metal Head, Poker enthusiast and provider of sarcastic comments. UW Huskies Padres Seahawks

📍 Pacific Beach, San Diego 📅 Joined February 2017

57 Following 30 Followers

Not followed by anyone you're following

Tweets

Tweets & replies

Media

Likes



SD*Mailman @Rittgarn_SD · Jul 31

This is why we shouldn't allow homeless/vehicle bums living in vehicles on the street. Random fires and a cat litter box left outside a dilapidated motor home. [@SDMayorsOffice](#) [@SDCityCouncil](#) tax payers end up cleaning up after these idiots.



1



SD*Mailman @Rittgarn_SD · Jul 24

8 days till I get to see the greatest 80s cover band of all time!!

[@SpandexNationLV](#)





SD*Mailman @Rittgarn_SD · Jul 24



EVERYONE lies to Congress. Why waste the time.



FOX 5 San Diego @fox5sandiego · Jul 24

Robert Mueller routinely responding to questions from committee with a variation of "I'll refer to the report" or "I am not going to get into that." Watch the testimony live: [via.kswbtv.com/hbufA](https://www.kswbtv.com/hbufA)



SD*Mailman @Rittgarn_SD · Jul 21



My favorite two players of all time! Jay Buhner you're third!



Edgar Martinez @11EdgarMartinez · Jul 20

Sitting with the best player I have ever played with and seen #TheKid





↻ 1

♥ 1



Who to follow

**Mark Summers**

@NoChillSummers

#PresidentTrump #PepeAdvocate #MakingMemesGreatAgain block count: 48

Follow

**Charlie Alpha**

@CharlieAlpha74

Launching missiles of truth to defeat the Statist/Socialist/Marxist/Progressive agenda. Just 'cause I don't agree with you doesn't mean I'm a 'bot'!

Follow

**kanebagel**

@KaneWyrick_

@ifyoukyk

Follow

[Show more](#)**SD*Mailman** @Rittgarn_SD · Jul 18

My only question is how did she urinate on the police??

**Antifa Stats** @antifastats · Jul 16

Mugshot of #Antifa hoodlum Sarah Pugh, 38, arrested in Portland for hate crime with previous convictions for arson and urinating on police. Pugh abandoned her 2 children in Indiana to seek the Antifa drug culture in Portland participating in numerous violent events.



💬 2



♥ 2

**SD*Mailman** @Rittgarn_SD · Jul 17

Drug addicts will do whatever it takes for a high. Since I got kicked off twitter for telling scooter riders to keep it up I'll refrain from telling drug addicts to keep it up....

**FOX 5 San Diego** @fox5sandiego · Jul 17

Police say wasp spray is now being used as an alternative form of meth in one West Virginia county, a potentially deadly substance already tied to three overdoses last week. fox5sandiego.com/2019/07/16/was...

💬 1



♥ 2

**SD*Mailman** @Rittgarn_SD · Jul 11

Living the beach mailman life. Gotta stop to put sunscreen on

Living the beach mailman life. Gotta stop to put sunscreen on.



SD*Mailman @Rittgarn_SD · Jul 11

Where all the criminals go for vacation! Too funny.



FOX5 Las Vegas @FOX5Vegas · Jul 11

The suspect was apprehended Wednesday night near Circus Circus Manor.
bit.ly/2Js50eI



SD*Mailman @Rittgarn_SD · Jul 10

All u can eat and drink baby!



Cruise Norwegian @CruiseNorwegian · Jul 10

Raise your 🍹 if you ❤️ sea days! #CruiseNorwegian
📷: Dana C.



1



2



SD*Mailman @Rittgarn_SD · Jul 9

34 years ago today I stood on the yellow footprints at MCRD San Diego and chose to be a Marine. Always thankful to the USMC for that experience.





🗨️ ↺️ ❤️ 3 ↗️



SD*Mailman @Rittgarn_SD · Jul 8

125 bucks a ticket, 7.50 for a lemonade, smack down with the thugs...priceless.



FOX 5 San Diego @fox5sandiego · Jul 8

WARNING: This video contains explicit language. A video posted to YouTube on Sunday captured a violent fight that broke out at Disneyland. via.kswbtv.com/J9Sg0 📺: SJP35 Productions



🗨️ 2 ↺️ 1 ❤️ 2 ↗️



SD*Mailman @Rittgarn_SD · Jul 7

No one ever scared me more than my Drill Instructors. By the end of boot camp I would have killed anyone for them.



U.S. Marines @USMC · Jul 6

Judgement Day

Gunnery Sgt. Antwan D. Ansley, drill master with 3rd Recruit Training Battalion, inspects recruits with India Company, during a final drill evaluation at @mcrdsd.





↻ 2

♥ 2



SD*Mailman @Rittgarn_SD · Jul 3

What these people don't understand, because they would never put their lives on the line for their country, is that millions of Americans salute the flag out of respect for their country. To kneel for the National Anthem and the US flag is just disrespectful. [#attentionseekers](#)

ESPN @espn · Jul 3

Megan Rapinoe called herself "very deeply American" when asked to respond to critics who may think otherwise. [es.pn/2XoXN33](#)



“”

I think I stand for honesty, for truth and for wanting to have the conversation. And for looking at the country honestly and saying, yes, we are a great country and there are many things that are so amazing -- and I feel very fortunate to be in this country ... But also, that doesn't mean that we can't get better, that doesn't mean that we shouldn't always strive to be better.

Megan Rapinoe



↻ 1

♥ 3



↻ SD*Mailman Retweeted



KUSI News @KUSINews · Jul 3

President Trump congratulates Eddie Gallagher after he was acquitted of murder and other charges stemming from various alleged war crimes. [bit.ly/2RTY6Sb](#)



Donald J. Trump @realDonaldTrump · Jul 3

Congratulations to Navy Seal Eddie Gallagher, his wonderful wife Andrea, and his entire family. You have been through much together. Glad I could help!



↻ 1

♥ 20



SD*Mailman @Rittgarn_SD · Jul 3

This is one of the biggest making making scams for the city. "Street sweeping" hasn't occurred here for over 2 months yet they'll still ticket you for parking here. [@SDMayorsOffice](#) [@SDParking](#)



1 1



SD*Mailman @Rittgarn_SD · Jul 2

Anyone recognize this PB bike thief? [@SanDiegoPoliceD](#) Let the hunt began.



1



SD*Mailman @Rittgarn_SD · Jun 30

Me and the boys on a Norwegian Bliss stop!
[#NorwegiansSummerFridays](#)



1 3



SD*Mailman @Rittgarn_SD · Jun 28

It was so nice to bike and skate the entire 6 mile boardwalk of Venice Beach and Santa Monica with no ebikes or scooters! All banned. No backbone
[@SDMayorsOffice](#) [@KUSINews](#)





SD*Mailman @Rittgarn_SD · Jun 26



California law makers are so busy banning straws, balloons and styrofoam they've let the bums and drug addicts over run every city and neighborhood.



Kelly @HouseOfAqua · Jun 25

This is California and apparently now my neighborhood. I can't say that I am shocked. What a shame. It wasn't like this.



SD*Mailman @Rittgarn_SD · Jun 24



Love it! Keep killing yourselves!



KUSI News @KUSINews · Jun 24

A man died after colliding with a woman while both rode electric Lime scooters on the Mission Beach boardwalk

scooters on the Mission Beach boardwalk.
bit.ly/2N9933E



SD*Mailman @Rittgarn_SD · Jun 23

Not too surprised. Chicago has the highest murder rate in the US and LA is just disgusting.



FOX5 Las Vegas @FOX5Vegas · Jun 22

Some of the mayors, including Chicago's Lori Lightfoot and Los Angeles Mayor Eric Garcetti, said their city would not assist in the immigration raids
bit.ly/2ZJkgt3



SD*Mailman @Rittgarn_SD · Jun 21

I fricken love a good immigration sweep.



KUSI News @KUSINews · Jun 21

Though ICE sought to keep its strategies for heightened enforcement under wraps, the Los Angeles Police Department issued a statement confirming the reported plans for an immigration sweep this weekend.
kusi.com/immigration-sw...



SD*Mailman @Rittgarn_SD · Jun 16

This is a no brainer in SD county. Even if the driver is caught they'll only get 18 months max in the county jail.



FOX 5 San Diego @fox5sandiego · Jun 16

A woman is fighting for her life after getting hit by a driver who then sped off in El Cajon early Sunday morning. fox5sandiego.com/2019/06/16/dri...



SD*Mailman @Rittgarn_SD · Jun 14

I love dodging scooters and dog crap! @SDMayorsOffice Keep gladhanding with the Mexican Govt while San Diego literally goes to Sh!t.



SD*Mailman @Rittgarn_SD · Jun 12



I love a good bludgeoning assault to cap off the day.



FOX 5 San Diego @fox5sandiego · Jun 12

An argument between two La Jolla residents escalated Wednesday into a bludgeoning assault that sent one of them to a hospital and the other to jail bit.ly/2ldA9Ce



SD*Mailman @Rittgarn_SD · Jun 9

I don't get this whole courage deal and flying on my own. Usually when u marry someone twice your age you're gonna end up on your own sooner rather than later. Wasn't really a surprise.



Sean McAllister @SeanMcTV · Jun 9

During @celinedion's #thefinalshow she performed her new song '#FlyingonMyOwn' for the first time! It's off her new album, Courage, due out in November.

@MOREFOX5 @FOX5Vegas



0:45 55.1K views



SD*Mailman @Rittgarn_SD · Jun 7

Can anyone actually name anything they purchase that is imported from Mexico...not including meth, cocaine or avocados.



Andrew Pollack @AndrewPollackFL · Jun 7

Americans have 2 options:

1. Temporarily pay higher prices on Mexican goods until the border is fixed.
2. Pay billions in taxes every year to fund housing, healthcare and schooling for illegal immigrants.

Don't be dumb. Choose number one. #FIXTHEBORDER
cnbc.com/2019/06/06/us-...



SD*Mailman @Rittgarn_SD · Jun 2

SD gangbangers need to go to Chicago to learn how to actually kill their compadres.



FOX 5 San Diego @fox5sandiego · Jun 2

A 22-year-old man was hospitalized this morning with three non life

threatening gunshot wounds. fox5sandiego.com/2019/06/01/man...



SD*Mailman @Rittgarn_SD · May 31

Texas is fricken awesome.



FOX 5 San Diego @fox5sandiego · May 31

Brass knuckles legalized in Texas as 'self-defense' via.kswbtv.com/mRsNu



SD*Mailman @Rittgarn_SD · May 31

I'll always remember Sean from my days at Lynnwood PD. Great guy and Great Trooper.



WA State Patrol @wastatepatrol · May 31

On May 31, 2013, we lost Trooper Sean O'Connell in the line of duty. Please take a moment today to remember him and his family.
#GoneButNeverForgotten



SD*Mailman @Rittgarn_SD · May 28

Best all around player since Ken Griffey Jr.



Los Angeles Dodgers @Dodgers · May 27

CODY JAMES BELLINGER, YOU ARE RIDICULOUS.



SD*Mailman Retweeted



USO @the_USO · May 27

"This nation will remain the land of the free only so long as it is the home of the brave." — Elmer Davis #MemorialDay



9 147 429



SD*Mailman @Rittgarn_SD · May 27

Soccer players flopping and pretending they're hurt?! Uhh that happens every game.



SportsCenter @SportsCenter · May 27

You don't see this every day ... (via @ESPNFC)



1



SD*Mailman @Rittgarn_SD · May 20

Comin to see you in Vegas in October for my wife's 50th!



Mark Slaughter @markslaughter33 · May 20

Slaughter History: May 20th 1997

22 years ago today "Revolution" was released.

Happy Monday Everyone! #MarkSlaughter #Slaughter #FlyToTheAngels

#Revolution #AmericanPie #HeatOfTheMoment #TimKellyRIP

#SlaughterNation #RockNRoll





🗨️ ↻ 1 ↗



SD*Mailman @Rittgarn_SD · May 15

This is happening every day in SD with the Asian "massage" parlors. It's ok here. [@SummerStephan](#) [@AshlieSanDiego](#)



FOX5 Las Vegas @FOX5Vegas · May 15

Men plead guilty for running illegal brothels disguised as Las Vegas spas: bit.ly/2Q789T0



🗨️ ↻ 1 ❤️ 2 ↗



SD*Mailman @Rittgarn_SD · May 15

And the city of San Diego wonders why we are short 200 police openings. [@SanDiegoPoliceD](#) good luck with this one.



FOX 5 San Diego @fox5sandiego · May 15

The San Diego City Council voted 6-2 Tuesday in favor of a resolution to support state legislation written by Assemblywoman Shirley Weber, D-San Diego, that would limit when law enforcement officers can use deadly force. fox5sandiego.com/2019/05/14/san...

🗨️ ↻ 1 ❤️ 2 ↗



SD*Mailman @Rittgarn_SD · May 14

Can't wait to see u guys in SD Sept 2nd! It's been 28 years since my last Alice concert at the Tacoma Dome!



Alice in Chains @AlicelnChains · May 14

You'd never know, A long time ago you were frowning, Thinking it over... TOMORROW. #RainierFog – Link here for premiere details: youtu.be/irNTqjl7A8E





🗨️ ↺️ 1 ❤️ 2 ↗️



SD*Mailman @Rittgarn_SD · May 12

Listened to Siglo on the @CruiseNorwegian bliss at least 8 times. These guys rock!



🗨️ ↺️ ❤️ 3 ↗️



SD*Mailman @Rittgarn_SD · May 10

Lot of stabbings going on in SD hoods. I'd love to see the crime stats on these.



FOX 5 San Diego @fox5sandiego · May 10

Man, 25, stabbed when argument turns violent go.kswbtv.com/2WvpmYM

🗨️ ↺️ ❤️ ↗️



SD*Mailman @Rittgarn_SD · May 6

We need to ban humans.



FOX5 Las Vegas @FOX5Vegas · May 6

1 million species are now threatened with extinction because of humans, scientists warn
bit.ly/2YcsTVA





SD*Mailman @Rittgarn_SD · May 5

Two 160 pounders with pillows on their hands. I'm guessing they can go all night then fall asleep and cuddle themselves.



T-Mobile Arena @TMobileArena · May 4

QUESTION: How many rounds will #CaneloJacobs go? Comment with who you think takes the win.

[Show this poll](#)



SD*Mailman @Rittgarn_SD · May 1

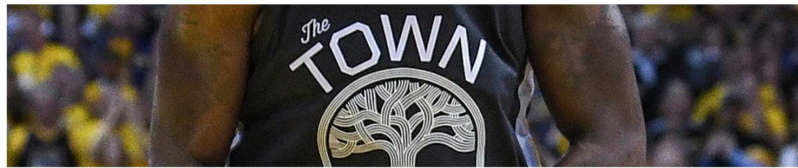
It amazes me at how a writer who is about 5'7" 350 lbs and appears to have never made an effort to work out can comment on any athletes workout program.



ESPN @espn · May 1

Draymond Green went on a strict diet and started ramping up workouts on off days after the All-Star break.

@WindhorstESPN examines how Green regained the quickness and versatility from earlier in his career: [es.pn/2IT1c7q](#)



DRAYMOND GREEN LOST 20 LBS IN 6 WEEKS AFTER THE ALL-STAR BREAK

"It feels good to step out there and not have an ache. Sometimes during the year, like the toe injury, every time you step on that toe, put pressure on it, it's killing me. You kind of dread going on the floor."

via Brian Windhorst



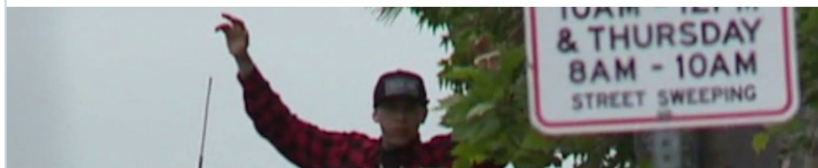
SD*Mailman @Rittgarn_SD · May 1

I'm sure it was the fear of being lit up by the SWAT team.



Raha @Rahafox5 · May 1

A wanted parolee finally gives up after a tense SWAT standoff for hours tonight. @KasiaGTV explains the one thing that got him out of a home he refused to leave @fox5sandiego at 11pm.





1 4



SD*Mailman @Rittgarn_SD · Apr 29

Nice job brutha!



Donald J. Trump @realDonaldTrump · Apr 27

Sincerest THANK YOU to our great Border Patrol Agent who stopped the shooter at the Synagogue in Poway, California. He may have been off duty but his talents for Law Enforcement weren't!

1 3



SD*Mailman @Rittgarn_SD · Apr 29

Funny thing...I went to Cabo, Mazatlán and Puerto Vallarta and didn't see any bums or illegals!



2 5



SD*Mailman @Rittgarn_SD · Apr 28

Just spent a week on the @CruiseNorwegian bliss. Best vacation ever!



SD*Mailman @Rittgarn_SD · Apr 16

I love a guy who has 10 hits and 7 of them are homers.

Jay Bruce (the batter)



SD*Mailman @Rittgarn_SD · Apr 16

Stop voting for these idiots who have there own personal agendas.



Jeff McAdam @JeffMcAdamTV · Apr 16

Assembly member Todd Gloria tells us @NateBerkus @JeremiahBrent @jasoncollins98 are all touring migrant shelters in Mexico today. He says more help is needed for the LGBTQ asylum seekers. More on @fox5sandiego at 4 and 5





🗨️ ↺️ ❤️ 1 ↗️



SD*Mailman @Rittgarn_SD · Apr 12

There goes my Sundays.



FOX5 Las Vegas @FOX5Vegas · Apr 12

Clark County files lawsuit against illegal nude resort that posed as a church
bit.ly/2Dc8fn7

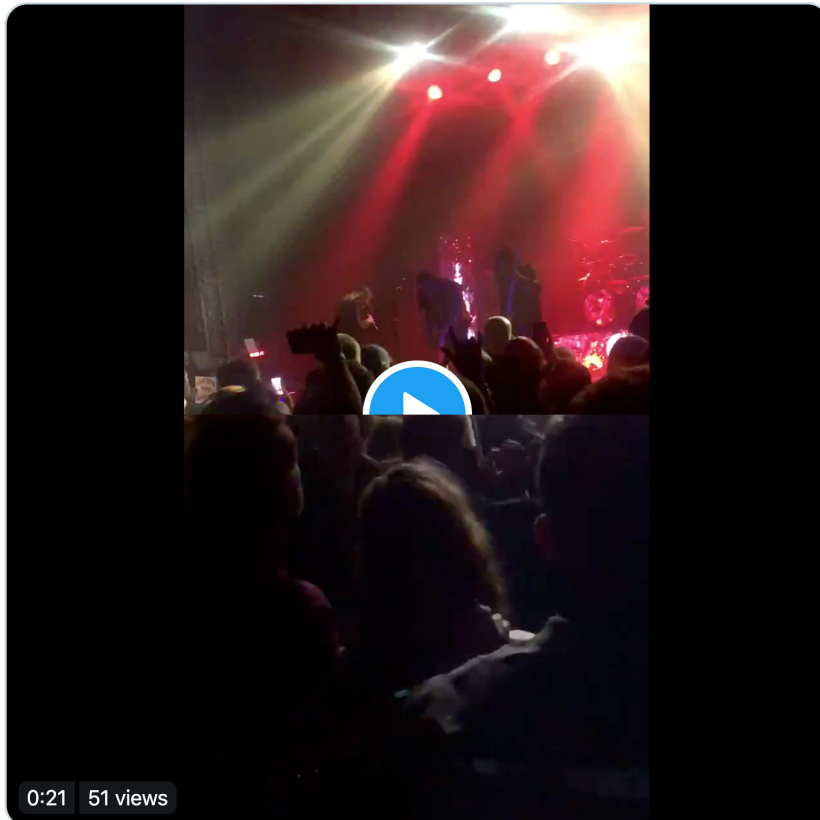


🗨️ ↺️ ❤️ 2 ↗️



SD*Mailman @Rittgarn_SD · Mar 28

35 years of rockin with [@queensryche](#)!



🗨️ 1 ↺️ ❤️ 2 ↗️



SD*Mailman @Rittgarn_SD · Mar 23

If you love 80s rock you have to go see [@SpandexNationLV](#) in Vegas either at

If you love 80s rock you have to go see @SpandexNation in Vegas either at the @MGMGrand or at Fremont st. They rock!!!!!!



1 1



SD*Mailman @Rittgarn_SD · Mar 18

Looks familiar!



1 1



SD*Mailman @Rittgarn_SD · Mar 18

Pugil sticks in boot camp was awesome!!! BTW your coffee should be renamed to Black Shotgun cause that's what it's like coming out! Crazy Caffeine!



Black Rifle Coffee @blckriflecoffee · Mar 17

Just patiently waiting on Monday like Mr. Blue Helmet! #brcc #americascffee



🗨️ ↺️ ❤️ 2 ↗️



SD*Mailman @Rittgarn_SD · Mar 17

How wierd. I didn't tweet this.

🗨️ ↺️ ❤️ 1 ↗️

[Show this thread](#)



SD*Mailman @Rittgarn_SD · Mar 17



🗨️ 1 ↺️ ❤️ 1 ↗️

[Show this thread](#)



SD*Mailman @Rittgarn_SD · Mar 13

Thanks to all the dumb asses for voting this piece of crap into office. Criminal and illegal lover.



FOX 5 San Diego @fox5sandiego · Mar 13

Gov. Newsom to sign executive order stopping California's death penalty for now bit.ly/2TFBQ2I



🗨️ 2 ↺️ 2 ❤️ 3 ↗️



SD*Mailman @Rittgarn_SD · Mar 3

👉 Just bought @Korn @AliceInChains tickets for the Sept 2nd show in SD. The year of Rock 2019 continues.

🗨️ ↺️ 1 ❤️ 1 ↗️



SD*Mailman @Rittgarn_SD · Feb 13

But it's not snowing...and I'm living at the beach!!



Charlie Kirk  @charliekirk11 · Feb 12

Democrats want California to be the blueprint for America

46th in education

15th in crime

Highest homeless population

Highest poverty rate

Worst pollution

Most illegals

Holds the most debt

Jail time for misgendering but not for spreading HIV

All run by Democrats



 SD*Mailman Retweeted



Daniel Baranowski @DFBHarvard · Feb 7

Seven (7) Police Officers killed in the line of duty this year.

Another Officer killed yesterday in Milwaukee.

Killing a LEO in the line of duty should be made a Federal offense punishable by death.

[#BackTheBlue](#)



10



143



275



SD*Mailman @Rittgarn_SD · Feb 2

Can't wait to see [@queensryche](#) again in SD on March 27! Been almost 2 years!



SD*Mailman @Rittgarn_SD · Jan 29

Gotta give a shout out to the random cougar fan in PB!

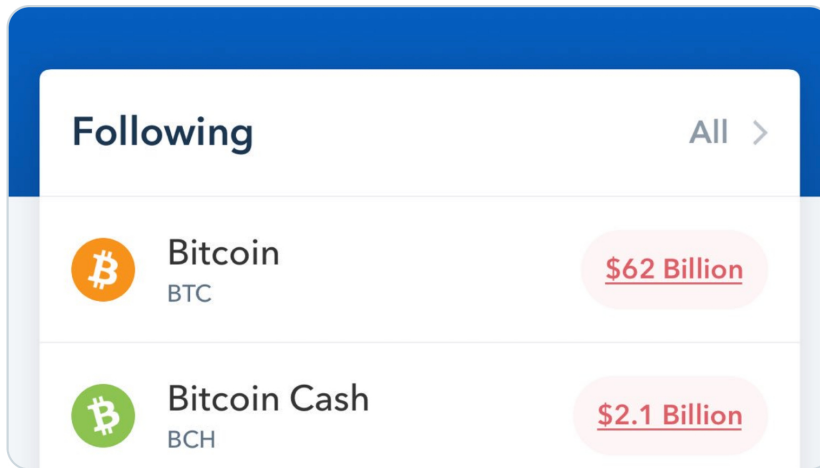


🗨️ ↺️ ❤️ 2 ↗️



SD*Mailman @Rittgarn_SD · Jan 27

Whoever sees me has free reign to slap me at least once for putting 50 bucks into bitcoin last year.



🗨️ ↺️ ❤️ ↗️



SD*Mailman @Rittgarn_SD · Jan 23

There is no reason this man should ever get out of prison.



FOX 5 San Diego @fox5sandiego · Jan 23

Governor reverses parole decision for cop killer bit.ly/2DuQhg5

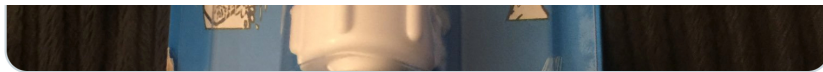
🗨️ ↺️ 1 ❤️ 1 ↗️



SD*Mailman @Rittgarn_SD · Jan 20

My life now that I'm over 50 is spent searching for inexpensive household items that are awesome. This shower head is amazing!





🗨️ ↺️ 1 ↗️



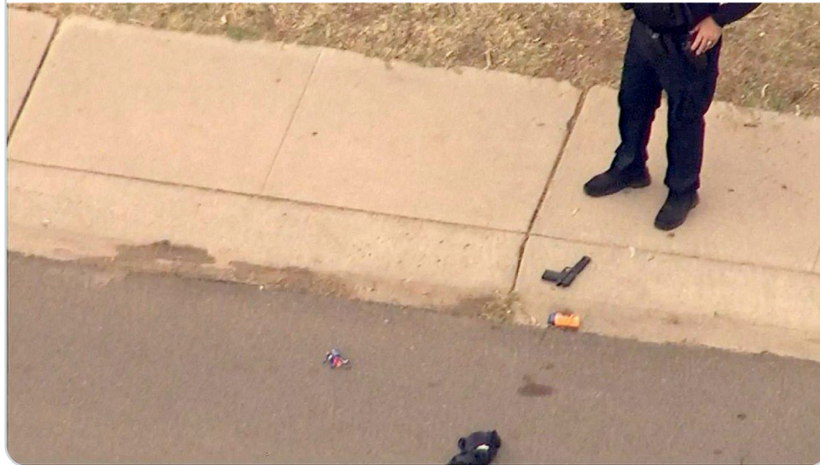
SD*Mailman @Rittgarn_SD · Jan 17

Dumb criminal kid saved himself from a life of crime.



FOX 5 San Diego @fox5sandiego · Jan 17

14-year-old boy with replica gun shot, killed by police bit.ly/2DhdGI1



🗨️ ↺️ 1 ❤️ ↗️



SD*Mailman @Rittgarn_SD · Jan 15

Such a harmless drug @JayInslee. Another weed robbery gone awry.



FOX5 Las Vegas @FOX5Vegas · Jan 15

North Las Vegas Police: Teen suspect killed 16-year-old during marijuana deal
bit.ly/2FttovU



🗨️ ↺️ 1 ❤️ 1 ↗️

↺️ SD*Mailman Retweeted



University of Washington @UW · Jan 14

Huskies, may your coffee be strong and your Monday be short.
[#MondayMotivation](https://twitter.com/hashtag/MondayMotivation)





3

57



SD*Mailman @Rittgarn_SD · Jan 13



Just saw the most amazing @Disturbed concert in Vegas! 37 years of concerts and this is at the top!



2

2



SD*Mailman @Rittgarn_SD · Jan 12



95% of all drug robberies in San Diego are committed to obtain marijuana. Not Heroin, Crack, coke or pills. Glad the PD is still on this! @JayInslee keep setting these idiots free. You'll never learn.



Tukwila Police @TukwilaPD · Jan 10

Tukwila Anti-Crime Unit (TAC) detectives served a warrant on a residential marijuana grow operation in the southwest section of the city. 120+ marijuana plants were seized along with other assets and cash.
bit.ly/2FmgZsN





1 3



SD*Mailman @Rittgarn_SD · Jan 8

This is what our Fox News reports @Q13FOX. Thug friendly news down here. Pathetic.



FOX 5 San Diego @fox5sandiego · Jan 8

Man shot by cop after he cut his own throat signed to Nick Cannon's label via.kswbtv.com/lm2cg

1



SD*Mailman @Rittgarn_SD · Jan 7

Damn impressive!



ESPN @espn · Jan 7

160-pound deadlift for the kid 🍌



1 1



SD*Mailman @Rittgarn_SD · Jan 7

One of the best movies I've seen in the last few years.



Bohemian Rhapsody @BoRhapMovie · Jan 6

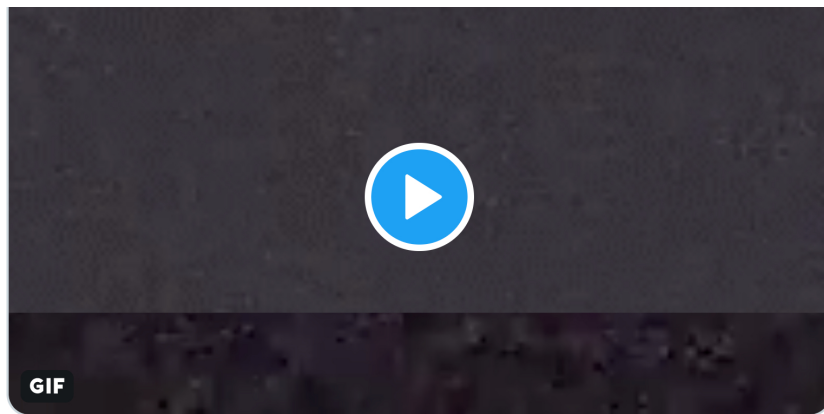
We are the champions! Congratulations to the cast and crew on their Golden Globe win for Best Motion Picture – Drama. Pre-order Bohemian Rhapsody today!

1 1



SD*Mailman @Rittgarn_SD · Jan 6

Six days till @Disturbed in Vegas. 2019 will officially be here!



🗨️ ↺️ ❤️ 3 ↗️



SD*Mailman @Rittgarn_SD · Jan 6

Since getting rid of my car two years ago I've saved over \$10,000. No car payment, no insurance, no gas, no vehicle repairs and no yearly vehicle registration.

🗨️ 1 ↺️ 1 ❤️ 2 ↗️



SD*Mailman @Rittgarn_SD · Jan 6

Guess it wasn't a confident enough nod. Dang it!

🗨️ ↺️ ❤️ ↗️

[Show this thread](#)



SD*Mailman @Rittgarn_SD · Jan 5

What do u think coach? Should I take the hawks +1.5?



🗨️ 1 ↺️ ❤️ 1 ↗️

[Show this thread](#)



SD*Mailman @Rittgarn_SD · Jan 2

Or go into the military and grow up.



CJ Pearson @thecjpearson · Jan 2

Too many kids my age believe the world owes them something.

Newsflash: no one owes you anything.

Shred that entitlement and get to work.

🗨️ ↺️ ❤️ 3 ↗️



SD*Mailman @Rittgarn_SD · Dec 29, 2018

Just horrible.



Jason Valentine @jvalentineHD50 · Dec 29, 2018

Report: Police shot and killed at highest rate in 20 years
bostonherald.com/2018/12/28/rep...



1



SD*Mailman Retweeted



Blue Lives Matter @bluelivesmtr · Dec 26, 2018

STILL NEED YOUR HELP:

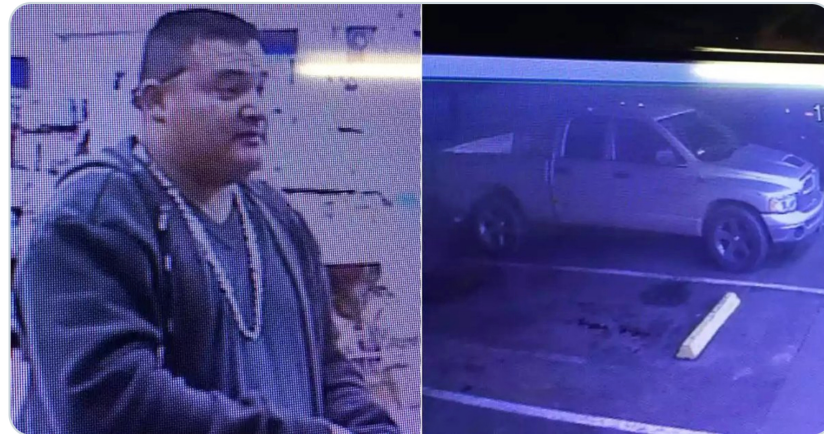
Gunman Murdered Newman Police Officer, Still At Large

RETWEET UNTIL THIS SCUMBAG IS CAUGHT!

Follow [@bluelivesmtr](https://twitter.com/bluelivesmtr)

[#BlueLivesMatter](https://twitter.com/BlueLivesMatter)

Full Story buff.ly/2BFqmQO



9

310

151



SD*Mailman @Rittgarn_SD · Dec 26, 2018

Time to put all these criminal's faces out there fox 5. Got a long way to catch up to [@Q13FOX](https://twitter.com/Q13FOX). SD needs to be tough on criminals.



FOX 5 San Diego @fox5sandiego · Dec 26, 2018

Parolee who led cops on foot chase after ditching car faces 10 years in jail
bit.ly/2CAjHJ7



1

2



SD*Mailman Retweeted



Seattle Police Dept. @SeattlePD · Dec 20, 2018

Police Serve Search Warrants on Encampment Tents, Arrest Four for Drug Trafficking and Warrants spdblotter.seattle.gov/2018/12/20/pol...

13

10

69



SD*Mailman @Rittgarn_SD · Dec 20, 2018

Sparklers guy just hooked me up with two bottles on this scorching 70 degree SD day! Thanks brutha!



1



1



SD*Mailman Retweeted



KUSI News @KUSINews · Dec 14, 2018

The Mongols motorcycle club was found guilty of racketeering and conspiracy, opening the way for the government to seize the club's trademarked logo and ban members from wearing their cherished patches.

Details: bit.ly/2Lk42R8



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6

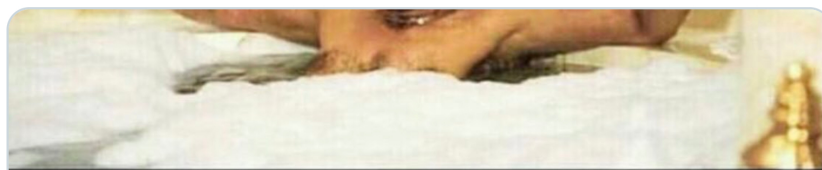


SD*Mailman Retweeted



Daniel Negreanu @RealKidPoker · Dec 12, 2018

Bitcoin Summary over the past year





45 148 746



SD*Mailman @Rittgarn_SD · Dec 5, 2018

My 2019 concert calendar is starting out nicely:
Jan 12 @disturbed in Vegas
Mar 27 @queensryche San Diego
👉

1 2 10

SD*Mailman Retweeted



Charlie Daniels @CharlieDaniels · Nov 24, 2018

I'm old school
I stand when the Star Spangled Banner is played
I still get misty eyed when I see a video of an excited child run into the arms of a father or mother returning from military service
I love this land, and will stand tall in the path of those who want to destroy it

1K 10.2K 38.8K



SD*Mailman @Rittgarn_SD · Nov 21, 2018

I eat a lot of burritos but I don't necessarily carry a bunch around with me just in case.



FOX 5 San Diego @fox5sandiego · Nov 20, 2018

Burritote: Keep your burrito warm while on the go bit.ly/2R17RNq



1

SD*Mailman Retweeted



Department of Defense @DeptofDefense · Nov 10, 2018

Happy 243rd birthday, @USMC! Thanks for all you've done to protect the nation's freedoms since 1775. #SemperFi





88 1.9K 4.9K



SD*Mailman @Rittgarn_SD · Sep 25, 2018

This is what [@fox5sandiego](#) should be doing rather than catering to illegals and criminals and their families.



David Rose @DavidRoseQ13FOX · Sep 24, 2018

Seattle police searching for prolific home burglary suspects Brandon Fernando and Lianne Soto driving stolen cars. via.q13fox.com/j9IzM via #Q13FOX @Catchwmw

2 1



SD*Mailman @Rittgarn_SD · Sep 21, 2018

This is why gang members need to be treated harshly by the police. They offer zero to society but mayhem.



Artic Thunder @123seanfootball · Sep 20, 2018

Another sad and tragic incident twitter.com/GaryKIRO7/stat...

1 1



SD*Mailman @Rittgarn_SD · Sep 10, 2018

Worse ESPN announcers for a football game ever. Turn to ESPN 2 to watch it in Spanish. [#NYJvsDET](#)

4

SD*Mailman Retweeted



Washington Football @UW_Football · Sep 8, 2018

The Dawgs are back.

It's gameday in Seattle.

[#PurpleReign](#)



8 162 833



SD*Mailman @Rittgarn_SD · Aug 24, 2018

Can someone please remind me how much AJ Prellar paid Clayton Richards to be 7-11 with a 5.25 ERA? [#SDvsLAD](#)



SD*Mailman @Rittgarn_SD · Aug 23, 2018

Why save these lowlives?



FOX5 Las Vegas @FOX5Vegas · Aug 23, 2018

Donation arms Henderson Police with antidote to opioid overdoses.
@CherneyAmharaTV explains.

> bit.ly/2nZ99eC



SD*Mailman @Rittgarn_SD · Aug 21, 2018

I guess I'll suffer in my crappy little apartment at the beach.



FOX 5 San Diego @fox5sandiego · Aug 21, 2018

Salary of \$131K needed to afford San Diego home, study says
bit.ly/2nTJNig



SD*Mailman @Rittgarn_SD · Aug 14, 2018

This is how all criminals should be dealt with.



Donald J. Trump  @realDonaldTrump · Aug 14, 2018

Another terrorist attack in London...These animals are crazy and must be dealt with through toughness and strength!



SD*Mailman @Rittgarn_SD · Aug 6, 2018

This is the only news story that makes perfect sense!



FOX 5 San Diego  @fox5sandiego · Aug 6, 2018

Elderly men flee nursing home to attend heavy metal festival bit.ly/2Oi6Aj4

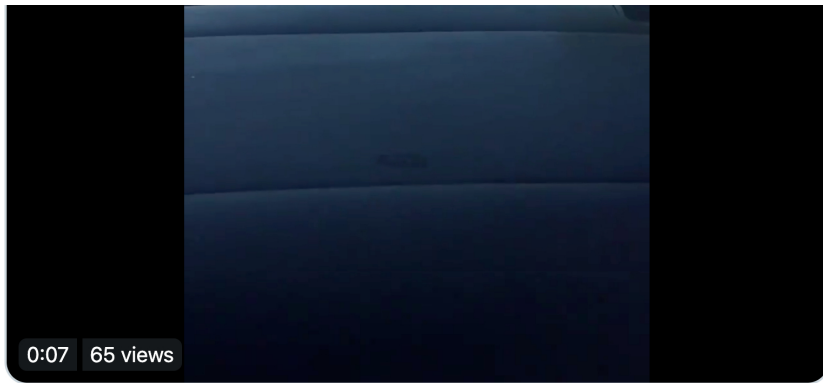


SD*Mailman @Rittgarn_SD · Aug 3, 2018

Only in SD can u walk around the beach with a police ankle bracelet on.

[@SanDiegoPoliceD](#)



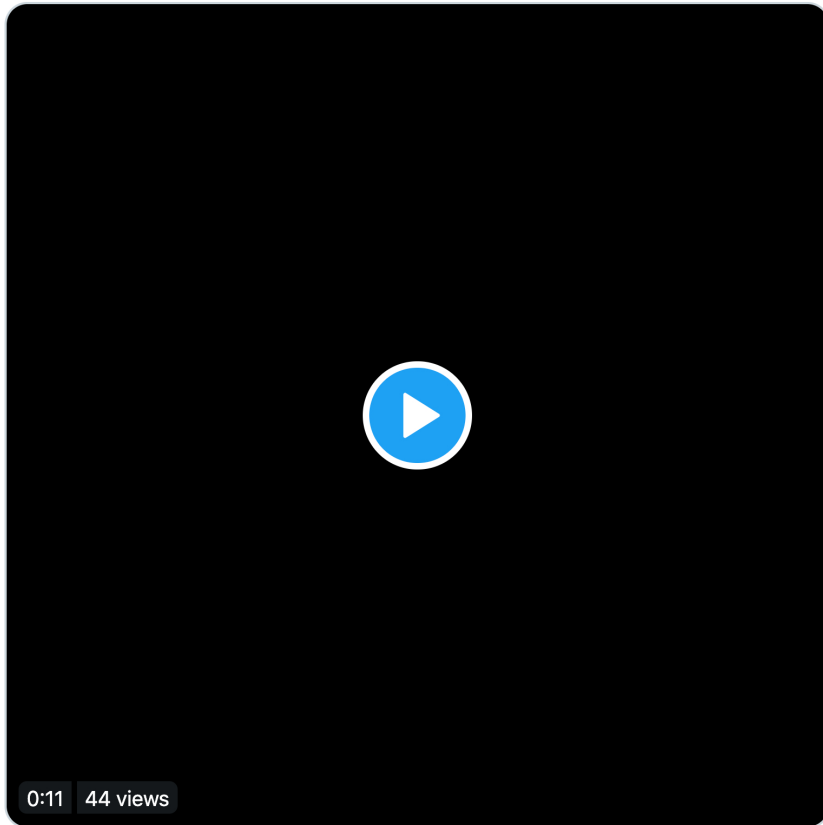


1 1 1



SD*Mailman @Rittgarn_SD · Aug 2, 2018

My commute is sublime.



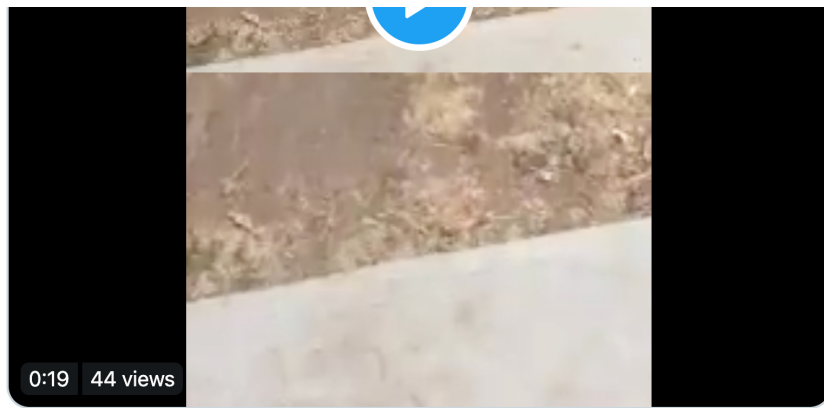
2 3



SD*Mailman @Rittgarn_SD · Jul 26, 2018

The clear winner for Dog Shit capital of PB is 2131 Balboa! [@pbtowncouncil](#)
[@LorieZapf](#)





SD*Mailman @Rittgarn_SD · Jul 22, 2018

I was about two seconds away from having a falling down moment on a couple of SD gang bangers last night.



SD*Mailman Retweeted



Artic Thunder @123seanfootball · Jul 19, 2018

Thanks for being different @FOX5Vegas and interviewing the brave men and women of the Police Department.



SD*Mailman @Rittgarn_SD · Jul 19, 2018

Replying to @FOX5Vegas

Hats off to fox 5 Vegas for bringing the police on. In San Diego they would have brought in the suspects family and attorneys and lambasted the police.



SD*Mailman Retweeted



FOX 5 San Diego @fox5sandiego · Jul 19, 2018

McDonald's is giving away free fries every Friday for rest of 2018
bit.ly/2Nu9DnS





1 8 8

SD*Mailman Retweeted

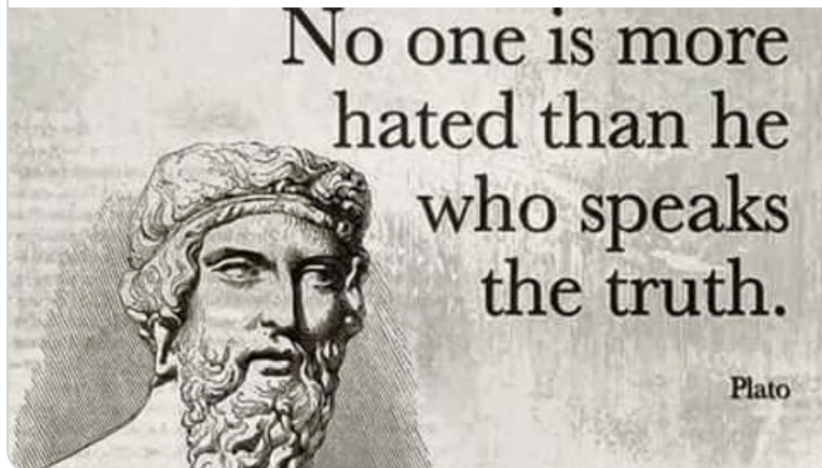


Andrew Bogut @andrewbogut · Jul 18, 2018



Alf Wiedersehen @localhero65 · Jul 18, 2018

Replying to @andrewbogut



2 5 95

SD*Mailman Retweeted



Lynnwood Police @LynnwoodPD · Jul 13, 2018

Congratulations to Custody Officers Tim Fasnacht and Rob Robeson who were both promoted today to Custody Sergeants. Pictured here being sworn in by Chief Davis and being congratulated by Councilmember Shirley Sutton, Council President Benjamin Goodwin, and Mayor Nicola Smith.



3 36

SD*Mailman Retweeted



Joel McHale @joelmchale · Jul 11, 2018

I just never thought I'd see so many articles about straws.

55 185 1.9K



SD*Mailman @Rittgarn_SD · Jul 6, 2018



My vote for greatest of all time.



SportsCenter @SportsCenter · Jul 6, 2018

20 years ago today, Ken Griffey Jr. was launching dingers on the way to his second Home Run Derby title.



SD*Mailman Retweeted



Lynnwood Police @LynnwoodPD · Jun 29, 2018

Congratulations to Custody Officers Cruz and Rittgarn who graduated from the academy today! Please welcome them!



SD*Mailman @Rittgarn_SD · Jun 29, 2018

Proud of my son for graduating the Corrections Academy for Lynnwood PD!



1 2



SD*Mailman @Rittgarn_SD · Jun 29, 2018



1 1



SD*Mailman @Rittgarn_SD · Jun 24, 2018

Watching Bloodsport for the 46th time. I still think Chong Li should have won!



SD*Mailman Retweeted



Guy Fieri @GuyFieri · Jun 9, 2018

Stopped right outside of Spokane, WA at Capone's Pub & Grill. Their second location. We were here 8 years ago.

Place still rocks [#familyroadtrip](#)



34 53 844



SD*Mailman @Rittgarn_SD · Jun 7, 2018

I believe I called this one the Mountie it was reported.



FOX5 Las Vegas @FOX5Vegas · Jun 7, 2018

#BREAKING: Julius Trotter, 31, was arrested in the Los Angeles area late Wednesday evening in connection with the Circus Circus double stabbings >bit.ly/2sCJ8Eu #LasVegas



13 109 215

SD*Mailman Retweeted



Angel Mom Mary Ann Mendoza ★ @mamendoza480 · Jun 3, 2018

I want to ask all of these disgusting politicians, face to face, "what loved one of yours would you chose to die at the hands of the very ILLEGAL ALIENS you fight so hard for". My son served his community & to know politicians thumb their nose at his "dispensable" life enrages me



13 109 215

SD*Mailman Retweeted



Trooper J. Sevigney @wspd4pio · May 31, 2018

Friend and fellow classmate.

Trooper Sean O'Connell died on May 31, 2013, at the age of 38 when his motorcycle collided with a box truck in Conway, Washington.

[#GoneButNotForgotten](#)





7 25 128



SD*Mailman @Rittgarn_SD · May 30, 2018

Why should we vote for [@LorieZapf](#) here in PB when under her last term the bum problem is worse, the streets are horrible, the graffiti is disgusting, crime is up and the rental bikes and scooters litter the city. [@kusi](#) [@fox5sandiego](#) [@SDMayorsOffice](#).

1

SD*Mailman Retweeted



KUSI News @KUSINews · May 7, 2018

"If you cross the border unlawfully, then we will prosecute you –it's that simple. If you smuggle illegal aliens across our border, we will prosecute you. If you are smuggling a child, we will prosecute you." said [@jeffsessions](#)

Details: bit.ly/2I2XG62



1 3 11



SD*Mailman @Rittgarn_SD · Apr 26, 2018

Congrats [@VitaVea](#) pick #12!





🗨️ ↺️ ❤️ 1 ↗️

↺️ SD*Mailman Retweeted



Washington Football  @UW_Football · Apr 20, 2018

For the team.
For the school.
For the city.

[#PurpleReign](#)



🗨️ ↺️ 29 ❤️ 222 ↗️

↺️ SD*Mailman Retweeted



Donald J. Trump  @realDonaldTrump · Apr 19, 2018

Thank you San Diego County for defending the rule of law and supporting our lawsuit against California's illegal and unconstitutional 'Sanctuary' policies. California's dangerous policies release violent criminals back into our communities, putting all Americans at risk.

🗨️ 6.6K ↺️ 17.4K ❤️ 78.6K ↗️

↺️ SD*Mailman Retweeted



San Diego Padres @Padres · Apr 15, 2018
Attention: Due to weather, today's game will be...

... played as scheduled 😎



Petco Park

253 1.5K 10.3K



SD*Mailman @Rittgarn_SD · Apr 9, 2018
Who's opening for @queensryche Sept 21 at Sycuan in SD? So glad they're headlining!!!

Retweet Like Share

SD*Mailman Retweeted



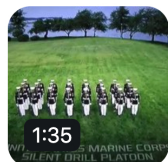
OneUSMarineRet @MasterGuns1313 · Mar 2, 2018
The Marine Corps Silent Drill Team ~~ Incredible !! twitter.com/MasterGuns1313...~ OneUSMarineRet (@MasterGuns1313) twitter.com/MasterGuns1313... August 21,



From **OneUSMarineRet** @MasterGun...



OneUSMarineRet @MasterGun... · Aug 20, 2017
The Marine Corps Silent Drill Team ~~ Incredible !!



4 20 36

SD*Mailman Retweeted



Blue Lives Matter @bluelivesmtr · Feb 28, 2018

VIDEO: San Diego Cop Delivers Shotgun Blast To Face, Rescues Hostage

#BlueLivesMatter #BackTheBlue

Full Story: buff.ly/2o11LUK



16

58

158



SD*Mailman Retweeted



James Woods @RealJamesWoods · Feb 10, 2018

We need mandatory federal death penalty for any peace officer murdered in the line of duty.



Georgia officer dies after being shot while serving warrant, police say

A Georgia police officer was killed Friday and two sheriff's deputies were injured while serving an arrest warrant, police said.

[foxnews.com](https://www.foxnews.com)

2K

11.1K

33.5K



SD*Mailman Retweeted



DJ Tambe @DJTambe · Feb 7, 2018

HOW TO ENTER:

-FOLLOW MY IG, tag a friend(s) in the comments & repost this image w/ [#iloveteamdj](https://www.instagram.com/iloveteamdj)

-FOLLOW MY TWITTER, RETWEET this post w/ [#iloveteamdj](https://twitter.com/iloveteamdj) & [#teamdj](https://twitter.com/teamdj) (be sure to tag me).

Giveaway will end Feb 13th @11p PST & winner will be announced on Valentine's Day. Feb 14th. 🙌❤️





Ink Master

121 237 380

Show this thread



SD*Mailman @Rittgarn_SD · Jan 1, 2018

My goal for 2018.



1

SD*Mailman Retweeted



Jay Cutler @mrojaycutler · Dec 27, 2017

Any of my military guys out there that can help me with a lead to purchase raw uncut brass from any bases please e mail me jay@jaycutler.com

4 3 38

SD*Mailman Retweeted



Lynnwood Police @LynnwoodPD · Dec 13, 2017

Lynnwood Officers Recognized for Traffic Safety by Target Zero



4 3

SD*Mailman Retweeted



Jay Cutler @mrojaycutler · Sep 27, 2017

The best part of my day is still the gym..... 26 yrs and counting

19 170 1K



SD*Mailman @Rittgarn_SD · Sep 25, 2017

I'm on #TeamOldTownInk! Who are you rooting for? #InkLive

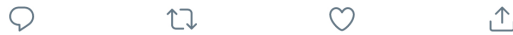




[Tweet #TeamBlackCobra](#)

[Tweet #TeamBasilica](#)

[Tweet #TeamOldTownInk](#)



SD*Mailman Retweeted



Ronnie Coleman @BigRonColeman · Sep 12, 2017

Stop making excuses and just get it done...There Ain't Nothing To It But To Do It!!

Tag a friend... [instagram.com/p/BY89kUVjWvp/](https://www.instagram.com/p/BY89kUVjWvp/)



SD*Mailman Retweeted



Raoul MartinezTV @RaoulMartinezTV · Sep 11, 2017

16 years later. We WILL NEVER FORGET. 🇺🇸 🙌

[#NeverForget](#) [#september11](#) [#911memorial](#) [#911](#)



SD*Mailman Retweeted



Ronnie Coleman @BigRonColeman · Sep 8, 2017

Some decisions in life are just made for you!
Find your passion and make it your lifestyle!

Tag... [instagram.com/p/BYyTeeGjDf7/](https://www.instagram.com/p/BYyTeeGjDf7/)



SD*Mailman Retweeted



American First @2LittleOrchid · Sep 5, 2017

Replying to @Kevin_Faulconer

Please answer this, Mr Faulconer.

 **Angel Mom Mary Ann Mendoza** ★ @mamendoza480 · Sep 4, 2017

Where were all these politicians when my son's life was taken at the hands of an ILLEGAL CRIMINAL DREAMER?! AMERICANS FIRST 🇺🇸🇺🇸🇺🇸



  2  2 

 SD*Mailman Retweeted



San Diego Padres ✓ @Padres · Sep 1, 2017





We'll pick 2 winners!
Contest ends at 6pm today.

Official rules:



Padres Twitter Sweepstakes Official Rules

 mlb.com

 1  18  41 

[Show this thread](#)



SD*Mailman @Rittgarn_SD · Aug 18, 2017

Replying to @Rittgarn_SD

We need to get rid of all these while we're at it.



SD*Mailman @Rittgarn_SD · Aug 18, 2017

1950's Bob's Big Boy BYZNU2 etsy.com/listing/490356...

 1   

 SD*Mailman Retweeted



San Diego Padres ✓ @Padres · Aug 17, 2017



Congrats to @mvillalpando13, @sarahhhfittzz and @olafisberserker! You all won a pair of tickets to Hedges Saxy Section this Friday 🌞🕺🎵



San Diego Padres @Padres · Aug 16, 2017

Still want a seat in Hedges Saxy Section this Friday?

RT this tweet to enter for a chance to win a pair! 🕺🎵



3

8

32



SD*Mailman Retweeted



San Diego Padres @Padres · Aug 16, 2017

Still want a seat in Hedges Saxy Section this Friday?

RT this tweet to enter for a chance to win a pair! 🕺🎵



22

522

202



SD*Mailman @Rittgarn_SD · Jul 31, 2017

[youtube.com/watch?v=vylbea...](https://www.youtube.com/watch?v=vylbea...) via @youtube



You got a fucking dart in your neck
via YouTube Capture
[youtube.com](https://www.youtube.com)



SD*Mailman Retweeted



San Diego Padres @Padres · Jul 28, 2017



Replying to @Padres
We'll pick 3 winners!
Contest ends at 5pm today.

Official rules:



Padres Twitter Sweepstakes Official Rules
mlb.com

2 20 30

SD*Mailman Retweeted



San Diego Padres @Padres · Jul 21, 2017

Congrats, @mobsdmke! You won two floor seats to @Metallica's WorldWired Tour at @PetcoPark 🎉



San Diego Padres @Padres · Jul 20, 2017

Calling all @Metallica fans!

RT this tweet to enter to win TWO FLOOR SEATS to the WorldWired Tour at @PetcoPark on August 6th 🎵🎸🎤



6 9 25

SD*Mailman Retweeted



San Diego Padres @Padres · Jul 20, 2017

Calling all @Metallica fans!

RT this tweet to enter to win TWO FLOOR SEATS to the WorldWired Tour at @PetcoPark on August 6th 🎵🎸🎤





Metallica

8 411 124



SD*Mailman @Rittgarn_SD · Jul 8, 2017

I've given up betting on the Nats! Kornheiser must be goin crazy. #ATLvsWSH

411 124



SD*Mailman @Rittgarn_SD · Jun 15, 2017

Don't get injured on the job and expect @USDOL to help out in a timely manner. Worst govt workers in the US! Worse than USPS! Lol.

411 124



SD*Mailman @Rittgarn_SD · Jun 7, 2017

It's a beautiful site to see @SanDiegoPD drug task force kicking in my neighbors door! Good job guys!!

411 124 2



SD*Mailman @Rittgarn_SD · Jun 6, 2017

Hired by @LynnwoodPD 20 years ago today. Awesome department and employees! Miss u all!

1 3

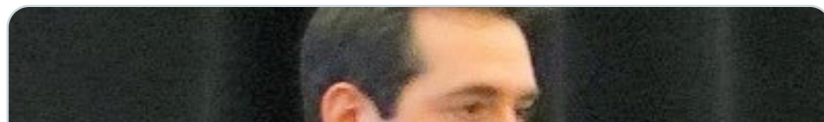
SD*Mailman Retweeted



The Columbia Bugle 🇺🇸 @ColumbiaBugle · May 29, 2017

"F*ck them, I called ICE." - Texas State Representative Matt Rinaldi said of illegal immigrant protestors.

New favorite Politician.



the 1990s, the number of people in the world who are under 15 years of age has increased by 1.2 billion, from 1.1 billion in 1980 to 2.3 billion in 1999. The number of people aged 15 years and over has increased by 1.1 billion, from 1.1 billion in 1980 to 2.2 billion in 1999.

There are a number of reasons why the world population is growing so rapidly. One of the main reasons is that the number of children born to each woman has increased. This is due to a number of factors, including improved medical care, increased access to contraception, and a shift in cultural values.

Another reason for the rapid growth of the world population is that the number of people living in urban areas has increased. This is due to a number of factors, including the search for better living conditions, the availability of jobs, and the concentration of services in urban areas.

The rapid growth of the world population has a number of implications for the future. One of the main implications is that there will be a need for more resources to support the growing population. This includes food, water, and energy.

Another implication is that there will be a need for more jobs to support the growing population. This is because the number of people who are of working age is increasing, and there are already a large number of people who are unemployed.

The rapid growth of the world population is a major challenge for the world. It is a challenge that we must face if we are to have a better future for all people.

There are a number of things that we can do to help address the challenges of the growing world population. One of the most important things is to improve the way we use our resources. This includes reducing waste, conserving water, and using energy more efficiently.

Another important thing we can do is to create more jobs. This can be done by supporting small businesses, creating new industries, and providing training for people who are unemployed.

The rapid growth of the world population is a complex issue that requires a lot of thought and action. We must work together to find solutions that will help us all have a better future.

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